

PROMOTES LIVER HEALTH  
OVER 200 PEER-REVIEWED STUDIES



# PERQUE LIVA GUARD:

## VITAL ORGAN PROTECTION FOR A VITAL ORGAN

# LIVA GUARD

### WHY YOU NEED LIVA GUARD

In today's toxic world, the human liver is too often on overload. **PERQUE Liva Guard**—a unique, liver-protective formula—offers unparalleled benefit.

The liver helps clear out bacteria and other toxins absorbed from the gut. It also cleans out pollutants, hormones, fungus, and other wastes from the blood.

The liver can become overwhelmed by an excessive workload. Besides coping with environmental toxins, the liver has to detoxify and metabolize supplemental hormones, medications, food additives, "bad" fats, alcohol, and caffeine.

Signs of liver overload include:

- 1) **Fatigue,**
- 2) **Pressure headaches,**
- 3) **Chronic allergies,**
- 4) **Chemical sensitivities,**
- 5) **Neurological dysfunction, or**
- 6) **Skin problems, such as eczema and psoriasis.**

**PERQUE Liva Guard** lightens the burden and strengthens the liver by providing the following six unique features:

- 1) **Five carotenoids**—each with a distinct benefit for the liver.
- 2) A full **200 mg. of high-purity, bioactive (88.5%+) silymarin** (milk thistle), a liver-protective herb.
- 3) **Mixed, natural forms of vitamin E and Coenzyme Q10** stimulate energy production and cell renewal, while protecting cells from free radical damage.
- 4) **L-methionine** and 99% reduced **glutathione**—potent, natural detoxifiers.
- 5) A **vegetarian, hypoallergenic formula**. It contains no contaminants, such as fillers, binders, or excipients.
- 6) The unique combination of the forms of nutritives in **PERQUE Liva Guard** delivers synergistic benefits.

### LIVA GUARD IS FOR anyone who:

- 1) **Smokes or drinks alcohol;**
- 2) **Fatigues easily;**
- 3) **Has a chronic viral infection;**
- 4) **Is exposed to radiation and/or environmental toxins where he or she lives or works.**





## TWO BIOACTIVE CAPSULES PROVIDE:



### Energized Nutrients

<b>Silymarin</b> (88.5% flavonoids) .....	<b>200 mg.</b>
<b>Glutathione</b> (99% reduced) .....	<b>60 mg.</b>
<b>Mixed natural carotenoids</b> (dunella) ..	<b>22.5 mg.</b>
<b>Beta carotene</b> .. 20,000 I.U. =	<b>15.3 mg.</b>
<b>Alpha carotene</b> .....	<b>4,500 mcg.</b>
<b>Zeaxanthin</b> .....	<b>900 mcg.</b>
<b>Cryptoxanthin</b> .....	<b>1,100 mcg.</b>
<b>Lutein</b> .....	<b>700 mcg.</b>
<b>Vitamin E</b> (mixed natural tocopherols)...	<b>150 I.U.</b>

<b>Zinc</b> (as citrate) .....	<b>10 mg.</b>
<b>Selenium</b> (as l-selenomethione) .....	<b>50 mcg.</b>
<b>Pure Coenzyme Q10</b> .....	<b>5 mg.</b>
(water-soluble bioflavonoid)	
<b>L-methionine</b> (free) .....	<b>40 mg.</b>
<b>Magnesium</b> (as vegetable stearate) .....	<b>7 mg.</b>
<b>Vegetable fiber</b> .....	<b>222 mg.</b>
(organic croscarmellose)	
<b>Kosher gelatin capsules</b> .....	<b>234 mg.</b>

### Typical Dosage

Take two (2) to six (6) capsules daily or as directed by your health professional.

Available in bottles of 60 and 120 capsules.

## SILYMARIN (MILK THISTLE): HERBAL DETOXIFIER

Certain plants provide powerful support for the liver. One of the most well-known herbal extracts is milk thistle. More than 200 studies and reports on milk thistle involving over 5,000 patients have been published.

Research shows that certain compounds in milk thistle help protect the liver from the damage of alcohol and hepatitis.

Silymarin, a key compound in milk thistle, demonstrates powerful antioxidant activity. It effectively neutralizes destructive free radicals before they can

harm healthy cells. Silymarin has also been shown to increase levels of glutathione—an important antioxidant—by as much as 50%.

The Commission E is Germany's equivalent to the Food and Drug Administration (FDA) in the United States. It approves milk thistle as supportive treatment for cirrhosis and chronic inflammatory liver conditions.

I. Valenzuela A, Aspillaga M, et al: Selectivity of silymarin on the increase of the glutathione content in different tissues of the rat. *Planta Med* 1989; 55: 42.

## THE PERQUE GUARANTEE

Like every other **PERQUE** product, **Liva Guard** comes with a 100%, unconditional, money-back guarantee—the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- Full label disclosure is provided for all **PERQUE** products—no hidden ingredients.
- Every **PERQUE** product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, sulfate, yeast, soy, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- 100% vegetarian formula.
- Unique post-production assays and clinical bioassays assure product integrity.

## YOUR QUALITY ASSURANCE

Every **PERQUE** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.

