



PLACEBO-CONTROLLED
PROVEN RESULTS
40 ESSENTIAL NUTRIENTS

PERQUE

PERQUE2 LIFE GUARD:

COMPREHENSIVE COVERAGE

WHY YOU NEED

PERQUE2 LIFE GUARD

PERQUE2 Life Guard is a phenomenal, unique multivitamin/mineral that gives you four products in one:

- 1) 14 super-action vitamins,
- 2) 10 super-action minerals,
- 3) Rich source of natural vitamin E and tocotrienols, and
- 4) Rich source of 16 alkalizers and energizers to buffer the cell's acidic load.

PERQUE2 Life Guard

provides:

- Pure, more active ingredients
- No oxidants like iron and copper that compete with and degrade antioxidants when combined.

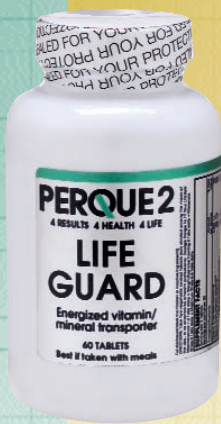
PERQUE2 Life Guard

delivers full potency to you by design. Use **PERQUE Hematin** and **PERQUE Bone Guard** when you need iron and copper:

ADVANTAGES TO YOU

PERQUE2 Life Guard

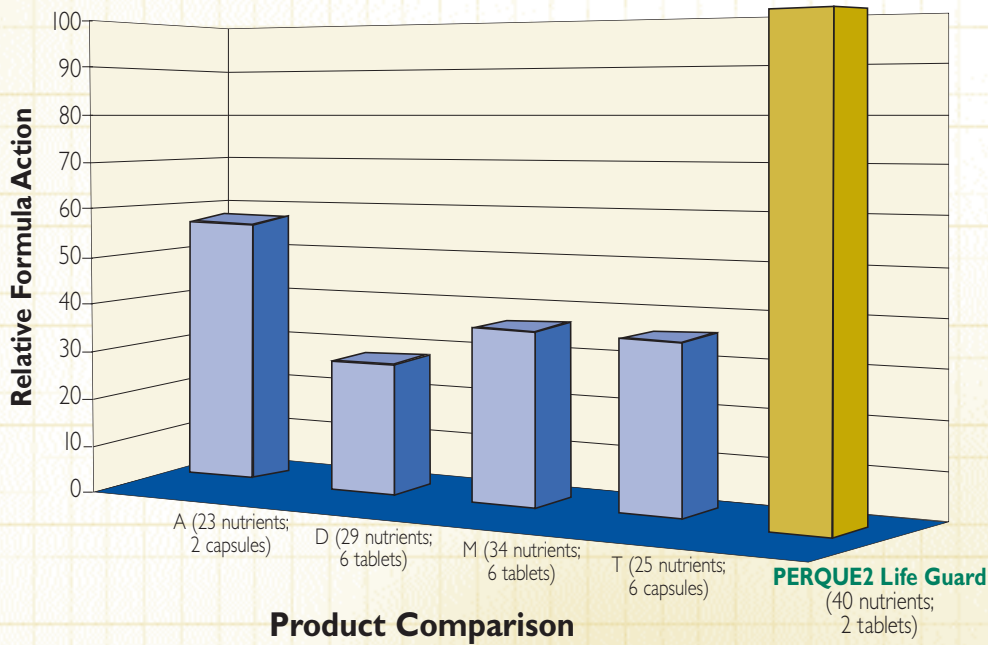
provides a precise balance of 40 essential nutrients. Each one is tested for purity, potency, and bioavailability. **All raw materials are pharmaceutical-grade or better.** The makers of **PERQUE2 Life Guard** set the highest standards in the natural health industry for purity and quality. Each ingredient in **PERQUE2 Life Guard**



PERQUE2 LIFE GUARD



PERQUE2 LIFE GUARD'S RELATIVE FORMULA POTENCY COMPARED TO FOUR "BEST OF THE BEST" BRANDS*



Product Comparison

* Analysis based on total active amount of nutrients in each formula.

TWO TABLETS PROVIDE 40 ENERGIZED NUTRIENTS:



14 Vitamins, 5 Synergized Nutrients

Vitamin A (beta carotene)	5,000 I.U.
Vitamin B-1 (thiamine HCl).....	100 mg.
Vitamin B-2	50 mg. (riboflavin 40 mg; riboflavin 5'-phosphate, 10 mg)
Vitamin B-3 (niacin)	25 mg.
Vitamin B-3 (niacinamide)	75 mg.
Vitamin B-5 (calcium d-pantothenate)..	100 mg
Vitamin B-6	200 mg. (pyridoxine HCl, 160 mg; pyridoxal 5'-phosphate, 40 mg)
Vitamin B-12 (hydroxocobalamin).....	200 mcg.
Folate (folic acid).....	400 mcg.
PABA (para-aminobenzoic acid)	30 mg.
Biotin (pure crystalline)	500 mcg.
Vitamin C (corn-free ascorbate)	150 mg.
Vitamin D-3	400 I.U. (1.25 dihydroxycholecalciferol)
Vitamin E	200 I.U. (d-alpha tocopherol succinate + beta, gamma and delta tocopherols)
Octacosanol (pure fatty alcohol)	500 mcg.
Vitamin K-1 (phyloquinone).....	500 mcg.
Quercetin dihydrate	100 mg. (water-soluble bioflavonoid)

10 Fully Ionized Minerals (elemental)

Potassium (as citrate)	99 mg.
Calcium	50 mg. (as ascorbate, pantothenate, citrate, fumarate, malate, succinate, tartrate, and soluble carbonate)

Magnesium	100 mg. (as citrate, fumarate, malate, succinate, tartrate, stearate, and aspartate)
Zinc (as picolinate).....	25 mg.
Boron (as ascorbate)	2 mg.
Chromium	200 mcg. (as picolinate 50%, ascorbate 50%)
Manganese (as ascorbate)	15 mg.
Molybdenum (as ascorbate)	100 mcg.
Selenium (as l-selenomethionine)	50 mcg.
Vanadium (as ascorbate)	100 mcg.

11 Active Cofactors

L-aspartic acid (magnesium aspartate) ..	50 mg.
Trimethylglycine (betaine HCl).....	50 mg.
Tocotrienols:	
Triacontanol (pure fatty alcohol)	744 mcg.
Hexacosanol (pure fatty alcohol)	33 mcg.
Tetracosanol (pure fatty alcohol)	193 mcg.

4 Krebs' Energizing, Alkalinizing Agents

Citrate	59 mg.
Fumarate	59 mg.
Malate	59 mg.
Succinate	59 mg.

Vegetable fiber (organic croscarmellose) ..	170 mg.
Natural vanilla	1 mg.

Typical Dosage

Low stress, healthy.....	1-2 tablets/day
Moderate stress, unwell.....	3-4 tablets/day
High stress, training.....	5-6 tablets/day

Available in bottles of 60 or 180 tablets.

Also available in PABA/folate-free form in bottles of 90 and 270.

is transporter-activated. These transporters greatly increase uptake and generate ATP energy in the mitochondria's "power stations." They also ensure that the body absorbs and utilizes every nutrient in **PERQUE2 Life Guard**.

In addition, the nutrients in **PERQUE2 Life Guard** have been shown to reduce the risk of heart disease by 60%.

PROVEN BIOAVAILABILITY

In a placebo-controlled study, the impact of a potent multivitamin/mineral

formula (**PERQUE2 Life Guard**) was assessed on physically active men. After 12 weeks, researchers found that the men had significantly sustained increased blood levels of B vitamins, such as thiamin, riboflavin, vitamins B-6 and B-12, pantothenate, and biotin.

PERQUE2 Life Guard is a bioavailable, multivitamin/mineral product proven effective in placebo-controlled research studies.

I. Singh A, Moses FM, Deuster PA: Vitamin and mineral status in physically active men: Effects of a high-potency supplement. *Am J Clin Nutr* 1992; 55(1): 1-7.

THE PERQUE GUARANTEE

Like every other **PERQUE** product, **PERQUE2 Life Guard** comes with a 100%, unconditional, money-back guarantee—the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- Full label disclosure is provided for all **PERQUE** products—no hidden ingredients.
- Every **PERQUE** product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, yeast, soy, sulfate, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- 100% vegetarian formula.
- Unique post-production assays and clinical bioassays assure product integrity.

YOUR QUALITY ASSURANCE

Every **PERQUE™** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.

